

Certifications and Training	On-going teacher training at Kripalu Center in Lenox, MA and OMEGA, NY with: Manju Jois, Baron Baptiste, Cyndi Lee, Bryan Kest, Barbara Benaugh, Edward Clark	2002-2008 2008 2008 2008-2010 2006 2005, 2004 2003 2002 1982
Yoga practice	Daily personal hatha yoga practice (Kripalu, Ashtanga, Yin)	1969-present
Affiliations	National Yoga Alliance (RYT200) Registered Yoga Teacher ID#27289 current South Shore Yoga Network // Reebok International Instructor's Alliance // ZUMBA Instructor Network	
Education	<u>Bachelor of Fine Arts, Photography and Two-Dimensional Design</u> <i>cum laude, 1981</i> Hartford Art School of the University of Hartford, West Hartford, Connecticut Continuing education at the Fine Arts Work Center, Provincetown, and The Maine Media Workshops, Rockport, Maine.	
Teaching Experience	<u>Adult Instruction — PILATES / YOGA</u> Group Instruction only below; private and semi-private references available <i>Owner/Director of Art and Soul Space, Art Gallery, Yoga Studio, Scituate, MA</i> 2007-present Reebok International Corporate Fitness Program, Canton, MA (yoga) 2007-present Mill Pond YMCA, Hanover, MA (yoga, Pilates) 2007-present Scituate Racquet and Fitness Club, Scituate, MA (yoga, Pilates) 2003-present Baystate Athletic Club, Scituate, MA (yoga, Pilates) 2002-2007 Shaw Environmental Corporate Fitness Program, Stoughton, MA (yoga) 2002-2007 Scituate Yacht Club, Scituate MA (yoga) 2005-2007 Cohasset Yoga Center, Cohasset, MA (Ashtanga yoga) 2005-2006 Healthtrax Fitness Centers, Mind/Body Center, Hanover, MA (Pilates) 2002-2003 <u>Adult Instruction — JAZZ DANCE, AEROBIC DANCE</u> Baystate Athletic Club, Scituate, MA 2002-2007 Roslindale House, Boston and W. Roxbury School of Dance, Boston, MA 1998-2001 Brookline Adult and Community Education, Brookline, MA 1992-1994 The Cellar Studio, Boston, MA 1990-1993 Workout Plus, Dedham, MA 1984-1989 Ciba-Corning Corporate Program, Walpole, Medfield, MA 1986-1988 Jewish Community Center, Newton, MA 1986-1988 Downtown YMCA of Greater St.Louis, St.Louis, MO 1981-1983	
Dance training	Jeanette Neill Dance Studio, Boston (jazz, modern) Leon Collins Dance Studio, Brookline (tap) Gerry Burke Dance Studio, Leominster, MA (tap, jazz, ballet)	1989-present 1996-1998 1964-1977
Performances	Topf Center for Dance, Boston; <i>Terpsichore Awards</i> , Park Plaza, Boston, MA The Dance Complex, Central Square " <i>Decades of Dance</i> " Cambridge, MA Choreographer/performer in " <i>A Dance Collaboration</i> "; Attleboro, MA Choreographer/performer for local dance video (PSA aired on Boston Networks) University of Hartford Dance Troupe, West Hartford, CT	2001 1998 1989 1986 1980-1981